

### for the child with low vision & blindness

# HELP ME DISCOVER THE WORLD

#### Interest me in the world

The world is full of things to do, but unless you help me discover this, how will I know? Unless you show me, I will not know what is around me. Talk to me about the sounds I am hearing and the things you see. You can guide my hand gently towards things, or let me hold your hand as you touch it when I am scared to try by myself. Don't force my hands, or I may not let you take them again!





## Show me how to discover

Show me where things come from, how I can get to them safely and what I can do with them. Keeping my things in the same place will help me get to them when I need them. Since I cannot see, I will not understand how things happen unless you show me the whole process. Do not just put a toy in my hand. Show me where you keep it and how you reach up to get it. Then I will learn to do it myself.

## Help me become independent

Show me how to do things and encourage me to do them myself. Remember, doing things the same way every time & using simple, clear directions helps me learn faster. Don't be too quick to help me – I may just be thinking before I start. Give me less help as I get better. One day soon I'll do it alone!

